

SE Route 1 from J & L 40 Miles

Bike 70 out Gilbreath to Jim Minor, Mebane Oaks, Old Hillsboro rd, Hawfields, Gibson rd, Easter High school, Mebane Rogers, Sandy Cross, hopedale, old Glencoe back

Straight	SE on Front St to Lexington Ave.	
Right	Right onto Lexinton Ave	.2
Left	Left onto Davis st	.3
Left	Left onto Flanner street and cross Webb Ave	.7
Right	Right on Dixie St and crossing Anthony St.	.9
Right	Right on Welch St.	1.3
Left	Left on Sydney Ave. into Graham city limits	1.4
Right	Right on Oakley St	2.0
Left	Left on Climax st. crossing Washington	2.1
Right	Right on Sideview St	2.3
Left	Left on Park St. crossing Main St. at light	2.4
Right	Right on N Melville St. and follow to Gilbreath St.	3.0
Left	Left on Gilbreath St to Graham Memorial Park and Cooper Rd	4.0
Left	Left on Cooper Rd.	6.2
Right	Right on Hwy 54 for about 400 yards	6.8
Left	Left on Jim Minor Rd.	7.2
Bear Right	Bear Right to stay on Jim Minor Rd instead of Turner Rd.	10.6
Left	Left on Mebane Oaks Rd.	14.0
Left	Left on Old Hillsborough Rd at Traffic Light	18.1
Straight	Crossing 119 becomes Trollingwood Hawfields Rd. Conv Store Here	20.2
Straight	Cross I85/40 Pilot Convience Store here	20.8
Right	Right on Gibson Rd	21.7
Right	Right on Hwy 70 for about 1/8 mile	23.7
Left	Left on Dodson Rd	23.9
Left	Left on Mebane Rogers Rd at Eastern High and middle	25.1
Left	Left on Hwy 49 for 1/8 mile	28.1
Right	Right on Sandy Cross Rd.	28.3
Left	Left on Carolina Mill and cross the River	32.0
Left	Left on Lower Hopedale Rd and cross the River again	32.2
Right	Right on Old Glencoe Rd.	32.3
	<u>Return to J and L</u>	
Left	Left on Lakeside Ave.	34.7
Left	Left on Trade St and cross Fisher and Church St.	36.9
Left	Left on Main St.	37.4
Right	Right on Hawkins St.	37.5
Right	Right on Broad St	37.8
Right	Right on Davis St.	38.1
Right	Right on Spring St.	38.3
	<u>Return to ELON from Old Glencoe</u>	
Straight	Straight on Old Glencoe Rd.	
Right	Right on Burch Bridge Rd	
Left	Left on Pollard Ave.	
Right	Right on Durham St. Ext.	
Left	Left on MacArthur Lane	
Straight	Cross Hwy 87 to continue on Power Line Rd.	
Straight	Cross University Parkway and continue to Hwy 100 in Elon	
	You are in Elon or can make the left on Haggard, right on Oak St to get to Front St. And continue back to J & L via bike 70 and 1	

Link to Google Maps to view route:

<http://maps.google.com/maps?q=http://trail.motionbased.com/trail/kml/episode.kml?episodePkValues=6479278>

If link does not work, please copy URL into Browser Address window

