

Let's Go Bicycle Riding!

Alamance Bicycle Club

ABC is a local bicycle club organized to further interest in various aspects of bicycle riding. If you like to ride a bicycle, we welcome you to join us!

Recreational Riders
Road Bicycle Riders
Family Riders
Road Racers
Duathletes / Triathletes

Fitness Riders
Mountain Bike Riders
Commuters
Mountain Bike Racers
BMX Riders & Racers

Member benefits include:

- Regularly scheduled weekly rides
- Email lists & web bulletin boards
- Discounts with J&L Bike Shop for Club
- Special cycling events throughout the year
- Monthly meetings on the 3rd Thursday

Annual dues are only \$20.00 per household

Burlington, NC has gained a reputation of a bicycle-friendly community, due in part to the efforts of the Alamance Bicycle Club. With events like the Tour of the Oaks criterium, the Crossin' the Creek cyclocross race, and "Hunnerd 19 Hunnerd" Century ride, plus other club activities, including organized rides throughout the week and construction of mountain bike trails at Lake Cammack, ABC promotes cycling for a variety of riders. There are many signed bikeways throughout Burlington and Alamance County that assist cyclists with finding good places to ride... safely!

For more information: – call 336-436-0062 (J & L Bike Shop), email cyclingfool@gmail.com, browse www.alamancebicycleclub.org, or complete and mail the attached membership form to:

ABC Membership
PO Box 1086
Burlington, NC 27215-1086

name(s) _____ age(s) _____
address _____ e-mail _____
city _____ state _____ zip code _____
home phone _____ mobile phone(s) _____ work phone(s) _____

Indicate if you are a member of any of these or other bicycle related organizations.

◇ USCF ◇ NORBA ◇ NCCA ◇ NBL ◇ ABA ◇ League of American Bicyclists ◇ IMBA

◇ other bicycle clubs / activity groups _____

Is your membership: ◇ new ◇ renewal? **How long have you been a member?** _____

In signing this release for myself (or the applicant, if under 18), I acknowledge that I understand the intent thereof, and hereby agree to absolve and hold harmless the Alamance Bicycle Club (ABC) and its officers, members, and others connected with ABC in any way whatsoever, collectively and singly, from and against any blame of liability, for any injury, harm, loss, misadventure, inconvenience, or damage suffered or sustained as the result of participation in any activities associated therewith. I further acknowledge that bicycle riding may be an inherently dangerous activity. I hereby consent to and permit emergency medical treatment in the event of injury or illness. I shall abide by the prevailing traffic laws and regulations and / or private property regulations, and I shall practice courtesy and safety while cycling.

(The above information will be kept private for ABC members only.)

signature _____ **date** _____

(Parent or guardian if under 18)